



555 E. Plaza Circle,  
Suite C  
Litchfield Park, AZ  
85340

623-594-9588  
mealsofjoy.org

# June 2025 Menu

## MENU OPTIONS

<b>Standard Meal</b> (includes entrée, side salad, fruit)	\$14.25
<b>Standard Entrée Only</b> (no side salad or fruit)	\$11.75
<b>Hearty Meal</b> (includes entrée, side salad, fruit)	\$15.25
<b>Salad of the Day</b>	\$14.00
<b>Sandwich Plate</b> (two sides & cookie)	\$13.50
<b>Weekender</b> (sandwich or wrap with two sides)	\$13.50
<b>Bowl of the Day</b>	\$ 7.00

# Thank You

- ♦ Campbell Foundation
- ♦ Virginia Solis Wright
- ♦ The Church at Litchfield Park
- ♦ Debra McKinley
- ♦ Estrella Rotary Foundation
- ♦ Church of the Advent

TO OUR GENEROUS SPONSORS  
Their generous support helps to fund a portion of this month’s meals and brings Meals of Joy to our most vulnerable senior population.

# Thank You

**To Order Meals:** go to  
mealsofjoy.org or call 623-594-9588

**Please Note:** If adding or cancelling a meal, it must be done by 10am two business days prior to the affected date. Any cancellations made less than 48 hours before the date will still be billed.

Monday	Tuesday	Wednesday	Thursday	Friday
Meal Alternatives				
<b>Crispy Chicken Salad</b> —Romaine, crispy chicken, tomatoes, cucumber, croutons, shredded cheese, and ranch. <b>Sandwich Plate</b> — <b>Ham, Turkey</b> , lettuce, tomato on sourdough bread. <b>Bowl</b> — <b>Maple Oatmeal</b> , brown sugar, walnuts, banana chips, and berries.	<b>Summer Salad</b> — Romaine, turkey, corn, tomatoes, carrots, croutons, peas, and a sweet onion vinaigrette. <b>Sandwich Plate</b> — <b>Turkey</b> , lettuce, tomato, American cheese, on wheat. <b>Bowl</b> — <b>Teriyaki Meatball</b> , rice, carrot slaw, and pickled vegetables.	<b>Beet Salad</b> — Romaine, arugula, beets, feta cheese, cucumbers, walnut, orange segments, with balsamic vinaigrette. <b>Sandwich Plate</b> — <b>Chicken Salad</b> with mustard, dill, and lettuce on croissant. <b>Bowl</b> — <b>Chicken Parmesan</b> , spaghetti, marinara, and mozzarella cheese.	<b>BBQ Chicken Salad</b> —Romaine, BBQ chicken, tomatoes, pickled red onion, cucumbers, tortilla strips, shredded cheese, with BBQ ranch. <b>Sandwich Plate</b> — <b>BLT</b> on white bread. <b>Bowl</b> — <b>French Toast Casserole</b> , yogurt, granola, maple, and fresh berries.	<b>Ham &amp; Asparagus Salad</b> — Romaine, arugula, ham, asparagus, egg, tomato, cucumber, crouton, and lemon dressing. <b>Sandwich Plate</b> — <b>Breaded Fish</b> , lettuce, tomato, and tartar sauce on white bread. <b>Bowl</b> — <b>Cuban Bowl</b> , roasted chicken, yellow rice, black beans, radishes, and plantains.

## Standard & Hearty Meal Menu (Standard Entrees - no side salad or fruit)

Monday, June 2	Tuesday, June 3	Wednesday, June 4	Thursday, June 5	Friday, June 6	Weekender (delivered on Friday)
 <b>Meat Lasagna</b> , sausage and beef layered with marinara and cheese served w/veggies.	 <b>Chicken a la King</b> , peas, carrots, mushrooms cooked in a cream sauce with vegetables.	 <b>Classic Meatloaf</b> , with mashed potatoes, gravy, and vegetables.	 <b>Orange Chicken</b> , served with white rice and vegetables.	 <b>Ravioli Bolognese</b> , hearty meat sauce with cheese ravioli and fresh vegetables.	 <b>Ham, Bacon, &amp; Cheese Sliders</b> , ham, cheddar cheese, lettuce, tomato w/macaroni salad & chips.
Monday, June 9	Tuesday, June 10	Wednesday, June 11	Thursday, June 12	Friday, June 13	Weekender (delivered on Friday)
 <b>BBQ Chicken</b> , served with baked beans and coleslaw.	 <b>Turkey Dinner</b> , stuffing, gravy, & vegetables.	 <b>Sausage Pasta Primavera</b> , tossed in a light tomato sauce with assorted vegetables.	 <b>Country Fried Chicken</b> cutlet served on mashed potatoes with white gravy & veggies.	 <b>Spaghetti &amp; Meatballs</b> , handmade meatballs, marinara and a veggie side.	 <b>Classic Club</b> , ham, turkey, bacon, cheese, lettuce, tomato w/chips & applesauce.
Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20	Weekender (delivered on Friday)
 <b>Chicken &amp; Rice Casserole</b> , with cheddar and broccoli and a side of vegetables.	 <b>Fish &amp; Chips</b> , baked breaded fish with coleslaw and baked potato wedges.	 <b>Oven Roasted Sausage</b> links with assorted vegetables and rice.	 <b>Chicken Provencal</b> , served over rice and a side of fresh vegetables.	 <b>Philly Cheesesteak Pasta</b> , steak, peppers, onions in a cheese sauce with vegetables.	 <b>Turkey &amp; Bacon</b> , cheddar, tomato, & ranch with applesauce & macaroni salad.
Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27	Weekender (delivered on Friday)
 <b>White Fish &amp; Wild Rice</b> , served with fresh assorted vegetables.	 <b>BBQ Pulled Pork</b> , served with coleslaw and potato salad.	 <b>Chicken Marsala</b> , served with pasta and fresh veggies.	 <b>Baked Ham</b> , scalloped potatoes & assorted vegetables.	 <b>Cheeseburger Casserole</b> , ground beef, cheesy tomato sauce, and pasta with veggies.	 <b>Shrimp Po'boy</b> , breaded shrimp, lettuce, tomato, on a hoagie with chips and fruit.
Monday, June 30					
 <b>Chicken Florentine</b> , served with mashed potatoes and fresh vegetables.					

Meals prepared in the kitchen of Fountain of Life Lutheran Church, Sun City.