

555 E. Plaza Circle. Suite C Litchfield Park, AZ 85340

623-594-9588 mealsofjoy.org

# **June 2025** Menu

#### **MENU OPTIONS**

Standard Meal (includes entrée, side salad, fruit)	\$14.25
Standard Entrée Only (no side salad or fruit)	\$11.75
Hearty Meal (includes entrée, side salad, fruit)	\$15.25
Salad of the Day	\$14.00
Sandwich Plate (two sides & cookie)	\$13.50
Weekender (sandwich or wrap with two sides)	\$13.50
Bowl of the Day	\$ 7.00

# Thank You

◆ Campbell

Debra

Foundation

McKinley

month's meals and brings Meals of Joy to our most vulnerable senior population. Virginia Solis

 The Church at Litchfield Park Church of the ♦ Estrella Rotary ♦

Advent

Thank You

TO OUR GENEROUS SPONSORS

Their generous support helps to fund a portion of this

#### Monday Tuesday Wednesday Thursday Friday

#### **Meal Alternatives**

**Crispy Chicken Salad** —Romaine, crispy chicken, tomatoes, cucumber, croutons, shredded cheese, and ranch.

Sandwich Plate — Ham, Turkey, lettuce, tomato on sourdough bread.

Bowl - Maple Oatmeal, brown sugar, walnuts, banana chips, and berries.

**Summer Salad** — Romaine, turkey, corn, tomatoes, carrots, croutons, peas, and a sweet onion vinaigrette.

Sandwich Plate —Turkey, lettuce, tomato, American cheese, on wheat,

Bowl— Teriyaki Meatball, rice, carrot slaw, Bowl—Chicken Parmesan, spaghetti, and pickled vegetables.

Beet Salad — Romaine, arugula, beets, feta BBQ Chicken Salad—Romaine, BBQ cheese, cucumbers, walnut, orange segments, with balsamic vinaigrette. Sandwich Plate —Chicken Salad with

mustard, dill, and lettuce on croissant. marinara, and mozzarella cheese.

chicken, tomatoes, pickled red onion, cucumbers, tortilla strips, shredded cheese, cucumber, crouton, and lemon dressing. with BBQ ranch.

**Sandwich Plate** — **BLT** on white bread. **Bowl—French Toast Casserole**, vogurt, granola, maple, and fresh berries.

Ham & Asparagus Salad — Romaine, arugula, ham, asparagus, egg, tomato, Sandwich Plate—Breaded Fish, lettuce, tomato, and tartar sauce on white bread. Bowl—Cuban Bowl, roasted chicken, vellow rice, black beans, radishes, and

Wright

Foundation

To Order Meals: go to mealsofjoy.org or call 623-594-9588

Please Note: If adding or cancelling a meal, it must be done by 10am two business days prior to the affected date. Any cancellations made less than 48 hours before the date will still be billed.

Weekender (delivered on Friday)

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# Standard & Hearty Meal Menu (Standard Entrees - no side salad or fruit)

#### Monday, June 2 Tuesday, June 3 Wednesday, June 4

Tuesday, June 10

Tuesday, June 17



Meat Lasagna, sausage and beef layered with marinara and cheese served w/veggies.



Chicken a la King, peas, carrots, mushrooms cooked in a cream sauce with vegetables.



Classic Meatloaf, with mashed potatoes, gravy, and vegetables.



Orange Chicken, served with white rice and vegetables.



plantains.

Ravioli Bolognese, hearty meat sauce with cheese ravioli and fresh vegetables.



Ham, Bacon, & Cheese Sliders, ham, cheddar cheese, lettuce, tomato w/macaroni salad &

# Monday, June 9

## **BBQ Chicken,** served with baked beans and coleslaw.



Turkey Dinner, stuffing, gravy, & vegetables.



Sausage Pasta Primavera, tossed in a light tomato sauce with assorted vegetables.



Thursday, June 12

Thursday, June 19

Country Fried Chicken cutlet served on mashed potatoes with white gravy & veggies.



Friday, June 13

Friday, June 20

Friday, June 27

Spaghetti & Meatballs, handmade meatballs, marinara and a veggie side.



Classic Club, ham, turkey, bacon, cheese, lettuce, tomato w/chips & applesauce.

### Monday, June 16

# Chicken & Rice Casserole, with cheddar and broccoli and a side of vegetables.

vegetables.



Fish & Chips, baked breaded fish with coleslaw and baked potato wedges.

**BBQ Pulled Pork,** served with

coleslaw and potato salad.



**Oven Roasted Sausage** links with assorted vegetables and rice.



Chicken Provencal, served over rice and a side of fresh vegetables.



Philly Cheesesteak Pasta, steak, peppers, onions in a cheese sauce with vegetables.



Turkey & Bacon, cheddar, tomato, & ranch with applesauce & macaroni salad.

### Monday, June 23

# Tuesday, June 24

# Wednesday, June 25

Wednesday, June 11

Wednesday, June 18



Baked Ham, scalloped potatoes & assorted



Cheeseburger Casserole, ground beef, cheesy tomato



**Shrimp Po'boy,** breaded hoagie with chips and fruit.

# Monday, June 30



Chicken Florentine, served with mashed potatoes and fresh vegetables.

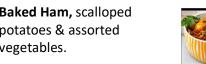
White Fish & Wild Rice,

served with fresh assorted

Chicken Marsala, served with

pasta and fresh veggies.

# Thursday, June 26





sauce, and pasta with veggies.



shrimp, lettuce, tomato, on a